

ABOUT THE MAJOR

The Family, Community, and Human Development (FCHD) major at the U examines how individuals and families are affected by their complex social, economic, political, and physical environments. You will learn about personal development in the context of family as well as how it is impacted by forces in our community and broader society.

The general FCHD major is very flexible and can be tailored to your interests, passions, and future goals. It is easily combined with more focused emphases in Child Life, which involves meeting children and their families' cognitive, social, and emotional needs in medical settings; Early Childhood Education, which provides foundations of caring for and educating children ages birth through 3rd grade; or Financial Planning, which prepares you for a career as a Certified Financial Planner®. An academic advisor can help you decide which FCHD major is right for you.

No matter what you choose, the FCHD major will provide you with a strong foundation for pursuing careers or continuing on to graduate school in multiple related fields such as counseling, human development and family studies, sociology, social work, and public policy.

LEARNING OUTCOMES

- Understand developmental changes of individuals in families throughout the lifespan including physical, emotional, cognitive, personality, social, and moral aspects.
- Learn how family members develop and maintain diverse interpersonal relationships within and across generations.
- Understand the decisions individuals and families make about developing and allocating resources – including time, money, and material assets – to meet their goals.
- Engage with social, environmental, economic, and policy contexts as a means of understanding human well-being.
- Understand the local, national, and international policies and laws influencing individual, family, and community well-being.
- Learn the ways social scientific knowledge is generated and evaluated and how this knowledge is used to enhance the well-being of individuals and families.

PLAN & PREPARE

At the U, we plan for our students to have an Exceptional Educational Experience identified by four broad categories we call the Learning Framework: Community, Knowledge & Skills, Transformation, and Impact. This major map will help you envision, explore, design, and plan your personalized Exceptional Educational Experience with the Learning Framework at the core. In addition to assisting you in planning your coursework and navigating the requirements of your major, this map will help you incorporate other kinds of experiences to expand your knowledge, support your development, and prepare you for the future you want.

Get started today

- Schedule an appointment with an advisor: fcs.utah.edu/advising
- 🌐 Visit ugs.utah.edu
- 📄 Learn more about the Learning Framework: ugs.utah.edu/learning-framework



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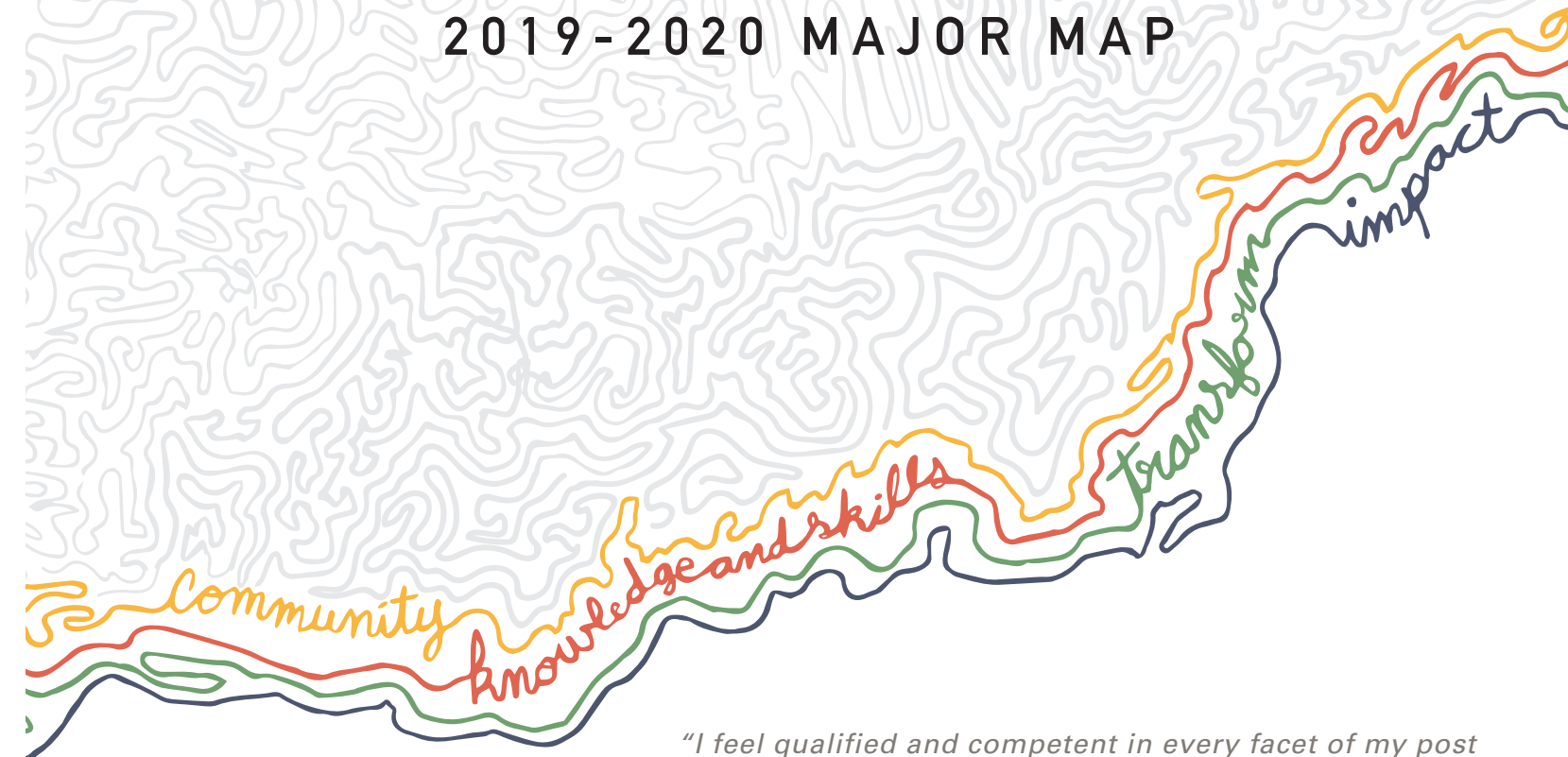


THE UNIVERSITY OF UTAH
**EXCEPTIONAL
EDUCATIONAL
EXPERIENCE**
The Office of Undergraduate Studies

FAMILY COMMUNITY & HUMAN DEVELOPMENT

COLLEGE OF SOCIAL & BEHAVIORAL SCIENCE

2019-2020 MAJOR MAP



"I feel qualified and competent in every facet of my post bachelor's life. I also feel like the sky is the limit and I have incredible possibilities."

>> Jenna Johnson, MS

Formerly, Governor's office of Economic Development

FAMILY, COMMUNITY, & HUMAN DEVELOPMENT

Use this map to explore, envision, design, and plan your Exceptional Educational Experience.



GETTING STARTED

MAKING PROGRESS

FINISHING UP

WHERE CAN I GO AFTER GRADUATION?

COURSES

- Meet with an advisor
 - Consider a learning community - LEAP, BlockU, Diversity Scholars, Honors College
 - Consider an emphasis - Child Life, Early Childhood Education, or Financial Planning
- Dive in by taking these courses:
- FCS 1500 - Lifespan Human Development
 - FCS 2400 - Modern Family

- Continue to meet with an academic advisor to choose appropriate courses for your major & career goals
- Learn to generate & read your Degree Audit Report
- Earn credit for Undergraduate Research via FCS 5950

- Earn credit for internship experience via FCS 4890
- Decide if you will pursue a second major, minor, or certificate & take courses for that program

- Apply for graduation
- Take necessary capstone course
- Complete academic designation requirements - Honors Degree, Bennion Center Scholar, Undergraduate Research Scholar, Innovation Scholar, Solutions Scholar

- Academic Advisor
- Accredited Financial Counselor®
- After School Program Director
- Behavioral Analyst
- CEO/Program Director
- Certified Financial Planner®
- Child Life Specialist
- Clinical Mental Health Counselor
- Community Education Coordinator
- Data Analyst
- Developmental Screening Coordinator
- Early Interventionist
- Health Unit Coordinator
- Human Resource Assistant
- Lawyer
- Marriage and Family Therapist
- Nurse
- Occupational Therapist
- Pediatrician
- Research Associate
- School Counselor
- School Psychologist
- Social Worker
- Special Education Consultant
- Teacher - Preschool or K-3
- Volunteer Coordinator

COMMUNITY

- Explore learning community housing
- Find student groups via PlazaFest & the ASUU¹ website
- Explore the Bennion Community Service Center
- Attend MUSE² casual Fridays
- Follow the Family & Consumer Studies Department on Facebook

- Engage in leadership opportunities:
- Student government
 - Orientation leader
 - LEAP peer mentor
 - Bennion Center Scholar
 - College ambassador
 - FCS Department's Student Advisory Committee

- Become a student member of a professional association aligned with your major; talk to an academic advisor to learn about your options
- If you live on campus, participate in the Residence Hall Association

- Mentor underclassmen in student organizations or roles such as ASUU, FCS Student Advisory Committee, Residence Hall Association, teaching assistant, intern/volunteer in a campus office
- Participate in a conference
- Join AlumniFire

KNOWLEDGE AND SKILLS

- Connect with faculty members to identify possible research opportunities
- Become familiar with academic resources like the Marriott Library & Knowledge Commons, the Writing Center, the Math Lab, & the Tutoring Center
- Explore internship opportunities

- Become a research assistant; learn coding, participant recruitment/intake, etc.
- Complete an internship through the FCS Department or Hinckley Institute of Politics
- Take advantage of the Personal Money Management Center

- Choose courses that teach a specific skill such as:
- FCS 5282 - Conflict & Mediation
 - FCS 3430 - Family Advocacy and Policy
 - FCS 2620 - Child Development Practicum
 - FCS 3510 - Tax Prep in the Community

- Turn your research experience into a thesis or UGS³ capstone project
- Explore graduate programs that will take your knowledge and skills to the next level

TRANSFORMATION

- Meet with an academic advisor, a Career Coach, and a Student Success Advocate
- Learn about & use your U Arts Pass
- Explore learning abroad opportunities

- Get to know your faculty and find a mentor
- Keep copies of the projects & assignments you are most proud of
- Participate in undergraduate research

- Talk to your academic advisor about which Community Engaged Learning (CEL) classes are available in your major
- Embark on a learning abroad experience

- Participate in graduation ceremonies
- Compile your favorite projects, assignments, & experience into a portfolio (hard copy or digital)

IMPACT

- Explore programs like Innovation Scholars, Undergraduate Research Opportunities, Solutions Scholars, Bennion Center Scholars, Honors College, & Lassonde+X
- Attend MUSE lunchtime lectures

- Learn about the Undergraduate Studies (UGS) Capstone Programs
- Become a MUSE Scholar
- Consider an Alternative Spring or Fall Break through the Bennion Center

- Participate in volunteer work on or off campus (e.g. The Personal Money Management Center, HeadStart, Utah Foster Care Foundation, Primary Children's Medical Center, & Healthy Relationships Utah)

- Complete a project or thesis
- Lead an Alternative Spring/Fall Break group
- Present your research/project at a conference
- Publish your research

CAREER

- Meet with a Career Coach in the Career & Professional Development Center (CPDC) to identify your strengths, interests, personality, & values & begin career exploration
- Take FCS 3010 - Introduction to FCS & Career Development

- Attend career fairs & expos
- Go to CPDC events like Meet & Eats and Career Treks
- Create a resume & have it reviewed by a Career Coach

- Meet with a Career Coach and academic advisor to discuss informational interviews and make any needed adjustments to your academic/career plan
- Secure an internship or part-time job in an area of interest
- Create a LinkedIn & Handshake account

- Meet with a Career Coach to:
- Determine jobs to apply for
 - Refine your resume/application materials
 - Practice interviewing
 - Explore & apply for graduate programs

¹Associated Students of the U of U ²My U Signature Experience ³Undergraduate Studies